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|  <p><b>ST VIRGIL'S<br/>COLLEGE</b></p> <p><i>A Catholic boys school in the Edmund Rice tradition</i></p> | <h1>St Virgil's Sailing</h1> <h2>Student Sailor Guidelines</h2> |
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**The College Code of Conduct applies in this College activity, but with the following additions.**

## *Care    Courtesy    Contribute.*

- **Care** for the safety of others, the equipment and the place.
  - **Courtesy** and assistance to all.
  - **Contribute** to the program..
  
- **Care for Safety.**
  - Bring suitable clothing for sailing and for after sailing. See the guidelines on the sailing website. *“What to wear suggestions”*.
  - Register when you arrive and when you leave.
  - Report any injury, equipment damage or other concerns to the adult supervisor as soon as possible.
  - Know, Practice and Use the Capsize Drill.
  - Know and respond to the Recall Signal.
- **Care for Equipment**
  - Only do what you know you can do in safety. Seek assistance for the rest. Only set up and use the equipment that you are entitled to use.
  - Handle everything with care.
  - Sail within your ability. Respect the ability, or lack of it, of other sailors.
  - The RIB may only be handled by experienced adults with the full appropriate licence, and operated in accordance with all requirements of Marine and Safety Tasmania – MAST.
  - Refueling only by experienced adults.
- **Care of the place.**
  - Know what is “in bounds” and what is “out of bounds.”
  - Respect all property of the AFYC and the SVC Club and others present.
  - Handle St Virgil's equipment only.
  - Collect any rubbish and dispose of it properly.

## *Courtesy*

- Take care with Safety.
- Assist with Rigging, De-rigging and general tasks.
- Help everyone to enjoy their sailing. It is meant to be fun.
- Show extra care and assistance to newcomers.
- Co-operate with those running the program.
- No put downs or harassment.

## ***Contribute.***

- Assist without being asked.
- Encourage the less experienced, on and off the water, especially if they have been in a unpleasant/scary situation
- Be willing to do the difficult assists when required and if capable; eg help rescue a capsized boat when the crew have become too cold.
- Attend meetings if called.
- Volunteer when the invitation is within your ability.
- Contribute ideas and suggestions.
- Invite newcomers to sail with you where possible.
- Help around the rigging and derigging times. Look around to see who needs assistance, or what else needs to be done.
- Thank the parents and others who help make it all happen.
- Do what you can when fund raising is happening.

## **Actions that could get you into disciplinary trouble.**

- **endangering the safety of others through irresponsible behaviour, on or off the water,**
- **damaging or risking damage to boats, or other equipment, through irresponsible behaviour, including AFYC equipment.** (Damage by misjudgement or genuine accident is not a problem - we know accidents happen!)
- **harassing or bullying any other person present by any means.**
- **not co-operating with the program.**

# Some ways we do things – for safety and good organisation.

- **Rigging**
  1. Masts are always moved by two people, one at each end, with a hand on the end.
  2. Remove the required boats and masts from the shed under adult direction.
  3. Masts will be placed in the boats, and removed, under adult supervision.
  4. Boys are allocated to a boat to rig, and will derig that boat.
  5. Once a boat is rigged, its crew assists in the rigging of other boats as needed.
  
- **De-Rigging:** *(When people are wet, cold, tired and want to get home!)*
  - At the end of sailing, the boats will be recovered under the direction of the adult supervisor;
  - once the boat is onshore, assist in the recovery of the other boats, before de-rigging your own boat;
  - expect the onshore supervisor to give directions about packing the sails;
  - remove and fold the sails with another person's help;
  - remove the mast with assistance and only under the direction of adult supervision;
  - place the mast in the overhead storage with assistance, and under supervision;
  - wash the inside and outside of the boat with fresh water;
  - drain the boat of all water; check the air tanks;
  - dry the boat with the bailer, sponges and towels provided;
  - report any damage to the adult supervisor;
  - Return the boat to storage under supervision;
  
  - Once your boat is finished, you will assist others to finalise the pickup of their boats. You may also be able to assist with the packing up of other equipment.
  - No one is free to leave until all packing up is complete.
  - There may also be a debriefing of the session's activities prior to departure. You are required to report your departure to the supervisor so that we know everyone is safely accounted for

## Some Safety Stuff

**Signal for assistance immediately, and head for shore if either of you are any difficulties whatsoever. Call another boat to assist if needed.**

*A bang on the head from a boom may require attention, even if there is no blood.*

### Safe Clothing.

- Boys will be checked individually by the Shore Safety Officer for appropriate clothing, including pfd, prior to commencing preparations.
- The Shore Safety Officer will consciously check each boy individually for approved life jacket immediately prior to boarding the dinghy.
- Similar inspections will occur for those boarding the RIB.

### Capsize Drill

*The safety of people comes before the safety of the boat.*

- Immediately check the safety of the boy with you;
- Where possible release the jib sheets and mainsheet; and start the Recovery drill
- Call for assistance immediately if either of you are in any difficulties, or your companion seems to be in trouble; or you are unable to right the boat. *It is better to call for assistance and not need it, than to call too late.*
- If a boat capsizes near you, check that the everyone in the boat is OK and starting the recovery drill. Check that the On Water Supervisor is aware of the situation.
- Be ready to get cold boys into your boat.
- If the supervisor appears unaware or is engaged in another recovery, remain in the vicinity of the capsized boat and be ready to render what assistance you can.
- Call on other boats to alert the On Water Supervisor, and/or to provide extra assistance.
- If safe, use the gold rope to keep in contact with the capsized boat, but do not tie it onto your boat. Have it looped around a stay, ready for quick release.
- Be alert for the Recall signal.

### Recall Drill

Sailing may be suspended and boats recalled by:

- Directions from the On Water Supervisor. Code flag “N” may be flown on the RIB.
- “Come Here” hand signals from the Shore Safety Officer. Listen for Siren.
- Code Flag “N” flown from the club house flagpole. (Code flag “N” is a rectangular flag with blue and white check marks.) A sound signal may be given to draw attention to the flag.

All boats are to return immediately to the launching area, where the Shore Safety Officer will give directions for the recovery of the boats.